### CHAMPSS: CHoosing And Maintaining Effective Programs for Sex Education in Schools

Assess



# Building Resources

## **Building Resources**

Implementing an evidence-based program (EBP) can help teens delay sexual activity. Many school districts, however, have limited resources to adopt and implement these programs.

This tip sheet will provide an overview of two strategies (seek funding and form partnerships) to help districts build these resources.

#### 1) SEEK FUNDING

Several federal and state agencies fund initiatives related to the implementation of EBPs. Some examples include:

- The U.S. Department of Health and Human Services' (DHHS) Administration for Children and Families
  - http://www.acf.hhs.gov/grants
  - o Offers federal programs that provide funding to state agencies/organizations
- The U.S. DHHS' Office of Adolescent Health
  - o http://www.hhs.gov/ash/oah/grants
  - o Offers federal programs that provide funding to state agencies/organizations
- Texas Department of State Health Services: Our Town 4 Teens
  - http://www.ourtown4teens.org/funding
  - Lists funding resources, including state and federal programs for abstinence education such as Title V State Abstinence Education Grant Program (AEGP) funding, to state schools and organizations.
- Grants.gov
  - http://www.grants.gov/
  - $\circ~$  A centralized site where all federal grant opportunities are posted
- Centers for Disease Control and Prevention Division of Adolescent and School Health
  - o http://www.cdc.gov/healthyyouth/FOA
  - Offers funding opportunities for state and local agencies/organizations

Private or non-profit organizations can also provide funding for teen pregnancy prevention or adolescent sexual health education initiatives. Some examples include:

- Robert Wood Johnson Foundation: http://www.rwjf.org/en/grants.html
- Kaiser Permanente: http://info.kaiserpermanente.org/communitybenefit/html/index.html



### **CHAMPSS: CHoosing And Maintaining Effective Programs for Sex Education in Schools**





# Building Resources

#### **2) FORM PARTNERSHIPS**

Forming partnerships with outside organizations and/or agencies having similar goals is an excellent strategy to supplement limited district resources. This tip sheet provides information on assessing the need for a partnership and selecting/approaching a partnering organization/agency.

#### Is a partnership right for you?

Before selecting an EBP it is important to conduct a needs and resource assessment to catalogue available materials and financial resources and to assess if your district can implement the selected program as intended. Below are a few points to consider, however, refer to the iCHAMPSS Needs Assessments for further guidance on conducting a needs and resource assessment:

- Do you have enough program materials (e.g., computers, printing paper, supplies) to implement the program as intended?
- Do you have enough trained staff to teach the program? If not, what resources are available to provide required training?
- Do you have enough time to teach the program without skipping or shortening lessons?
- □ Can your district afford the financial cost to implement the program?

If you answered 'no' to any of the above questions, then forming a partnership might be right for your district.

#### **Considerations before choosing a partner**

When deciding to form a partnership, keep the following questions in mind:

Probing Questions	Possible Answers
Who do you want to partner with?	Ex: An organization/agency with deep community
	connections, great financial resources, etc.
What do you want them to do?	Ex: They will provide community outreach, train teachers, etc.
What resources or assets can you provide?	Ex: Staff and teachers to facilitate program implementation,
	teaching space, communication with parents, etc.
What program outcomes will be affected?	Ex: The program will be disseminated to a larger group.
What will success look like?	Ex: All students will receive the curriculum as intended.
What core message do you want to	Ex: Sexual health education is a priority and required in order
convey?	to address the issue of teen pregnancy.
What issues do you and the partnering	Ex: Difficulty in scheduling meetings, difficulty in agreeing to a
agency anticipate?	single targeted initiative.
Who are the key people that need to be	Ex: The CEO/Directors of the organization/agency, District-
involved in discussing the partnership?	Level Administrators.

2



### CHAMPSS: CHoosing And Maintaining Effective Programs for Sex Education in Schools



Assess

# Building Resources

#### The following table has examples of potential partners and their benefits.

Potential	Benefits	
Partners		
Local health	State, county or city health departments may:	
departments	<ul> <li>Provide resources such as meeting spaces to hold parent information nights or to implement the program</li> </ul>	
	Provide trained sexual health educators who are comfortable discussing sexual health topics	
	Provide information on teen friendly health clinics in your area	
	<ul> <li>Provide statistics and data for completing community assessments</li> </ul>	
Non-profit	Local, state, or national non-profit or private organizations may:	
community	<ul> <li>Provide districts with meeting spaces to hold parent information nights or to implement the</li> </ul>	
organizations	program	
	<ul> <li>Provide trained sexual health educators who are comfortable discussing sexual health topics</li> </ul>	
	• Provide professional training on adolescent sexual health for school staff, audio-visual equipment, computers, or other supplies needed for the program	
	<ul> <li>Provide opportunities for students to participate in service-learning projects which are required by some programs</li> </ul>	
Institutions	Universities with faculty that have interest in adolescent sexual health may:	
of higher	Provide information on the latest news and research regarding adolescent sexual health	
education	Provide training on adolescent sexual health for school staff	
	Provide technical assistance on making program adaptations	
	<ul> <li>Provide opportunities to participate in grant-funded projects</li> </ul>	

#### Assessing the Partnership

Once you have been working with your partner, it is important to evaluate the partnership to see that it continues to provide mutual benefits in:

- □ Meeting district and partner agency needs and goals
- □ Maintaining teen/youth-friendly services and environment
- □ Sharing resources freely
- □ Providing open and equal communication
- □ Resolving conflicts in a timely and professional manner



3